



GOAL ACHIEVEMENT ASSESSMENT

NOELLE BLOOM

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ASSESSMENT

Will you achieve your goal?

Have you ever wondered if you will achieve your one, big ambitious goal? Believe it or not, it's not difficult to predict your success. Take this quick assessment to help you predict whether or not you will achieve your goal. Think of the goal you want to achieve. Then answer the questions below on a scale of 1-10. (1 = "No." and 10 = "Absolutely!")

POWERFUL WHY

Think about why you want to achieve this goal. Is your goal rooted in a strong desire that will impact you and the world?

YOUR RATING

1 2 3 4 5 6 7 8 9 10

FUTURE CENTRIC

Think about where you see yourself in the next 10 years. Does your goal align with the vision you have for your life?

1 2 3 4 5 6 7 8 9 10

VALUE DRIVEN

Think about your core values. Is your goal something that aligns with what's most important to you in life?

1 2 3 4 5 6 7 8 9 10

PASSION DRIVEN

Think about your passions. Is your goal something deeply meaningful to you regardless of money, status, recognition or power?

1 2 3 4 5 6 7 8 9 10

PRIORITY POTENTIAL

Think about your current priorities. Are you willing to prioritize your goal and do what it takes to make it happen?

1 2 3 4 5 6 7 8 9 10

GRATIFICATION TIME

Think about how long it may take to achieve your goal. Will you be able to reap the benefits of achieving your goal sooner than later?

1 2 3 4 5 6 7 8 9 10

PERSONAL CONTROL

Think about your control. Is your goal something that you can make happen with mainly your own efforts?

1 2 3 4 5 6 7 8 9 10

SACRIFICE POTENTIAL

Think about what's important to you. Can you achieve your goal without much sacrifice? (health, happiness, sanity, family, etc.)

1 2 3 4 5 6 7 8 9 10

RESOURCES NEEDED

Think about what it will take to achieve your goal. Do you have the resources you need to make it happen? (time, energy, money, etc.)

1 2 3 4 5 6 7 8 9 10

SUPPORT SYSTEM

Think about the people in your life. Do you have the support and accountability you need to achieve your goal?

1 2 3 4 5 6 7 8 9 10

TOTAL SCORE: _____

RESULTS ARE IN!

Will you achieve your goal?



TOTAL SCORE 75 OR GREATER

If your total score is at least 75, congratulations!

There's a high probability that you will achieve your goal. You have the most important factors needed to make it happen.

Keep your vision at the forefront of your mind and take action everyday to make progress towards your goal. Remember, small daily wins add up to BIG wins.

TOTAL SCORE LESS THAN 75

If your total score is less than 75, it's likely that you don't have the internal and external factors needed to achieve your goal. In this case, it's time to get real with yourself!

Is this something you really want to pursue?

If not, drop it like it's hot and choose a goal that aligns with your true aspirations in life.

If so, spend some time looking at each area that you didn't get a score of at least 8.

What can you do to increase the score in that area so that you have what you need to achieve your goal. Once you take action on raising your score, you'll be well on your way to achieving your goal!